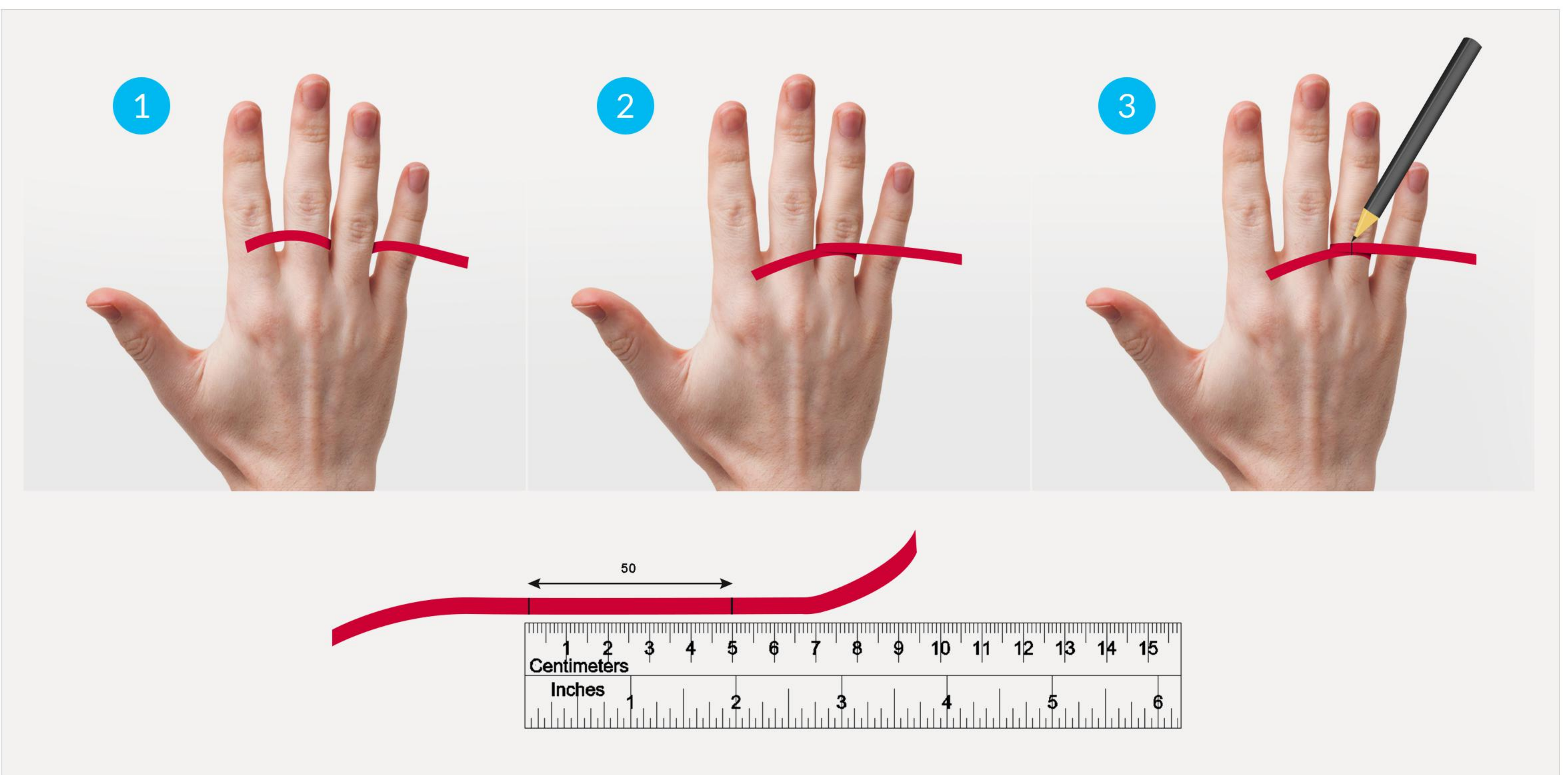




### METHOD 1

Wrap a thin strip of paper around your finger.  
 Mark the meeting point with a pen.  
 Now measure the length with a ruler/tape.

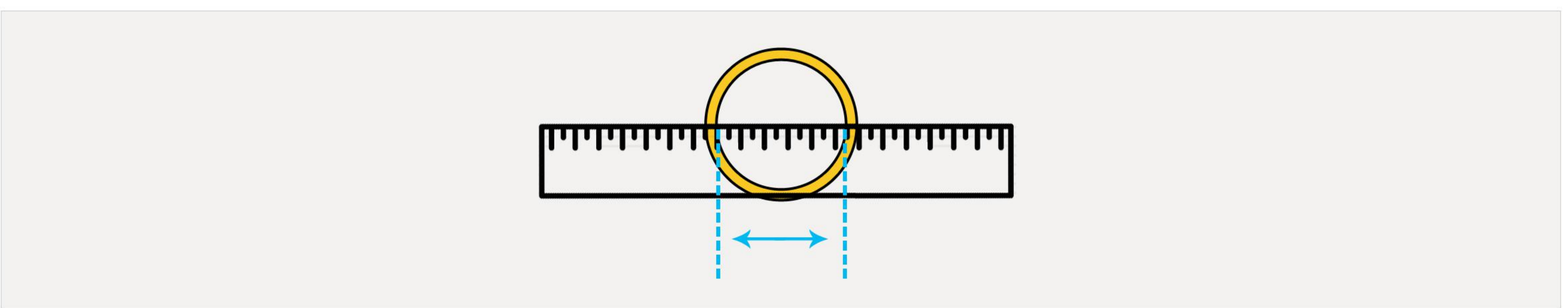
**Now you have the circumference of your ring.**



### METHOD 2

Take a ruler and ring you already have, place the ruler at centre and measure the largest distance between the inner edges inside the ring, in mm.

**Now you have the ring's inner diameter**



Now use the below chart to find out your ring size

CIRCUMFERENCE (in mm)	DIAMETER (in mm)	INDIA	US & CAN
44.2	14.1	6	3
44.8	14.3		
45.5	14.5	7	3 ½
46.1	14.7		
46.8	14.9	8	4
47.4	15.1	9	
48	15.3		4 ½
48.7	15.5		
49.3	15.7	10	5
50	15.9		
50.6	16.1	11	5 ½
51.2	16.3		
51.9	16.5	12	6
52.5	16.7	13	
53.1	16.9		6 ½
53.8	17.1	14	
54.4	17.3		7
55.1	17.5	15	
55.7	17.7		7 ½
56.3	17.9	16	
57	18.1	17	8
57.2	18.2		
57.6	18.3		
58.3	18.5	18	8 ½
58.9	18.8		
59.5	19	19	9
60.2	19.2	20	
60.8	19.4		9 ½
61.4	19.6	21	
62.1	19.8		
62.7	20	22	
63.4	20.2		
64	20.4	23	
64.6	20.6		
65.3	20.8	24	
65.9	21	25	
66.6	21.2		
67.2	21.4	26	
67.8	21.6		
68.5	21.8		
69.1	22		
69.7	22.2		
70.4	22.4		
71	22.6		